

PROGRAM OF REHABILITATION TO THE ADDICTIONS

I. STAGE OF EVALUATION

➤ **Hospitalization (7 days)**

Hospitalization in private room category I (Inc. Feeding and nursing attention)

Attention of the physician assistant to hospitalized patient. (It includes visit of the physician)

Initial evaluation and making of medical history

➤ **Consultation**

Consultation of Internal Medicine

Consultation of Psychiatry

Consultation of Psychology and Psychological Evolution

Consultation Physical Medicine and of Rehabilitation

Consultation with Natural and Traditional Medicine

➤ **Researches**

Hematological and Hemochemical Researches

- ✓ Complete hemogram
- ✓ Erythrocyte sedimentation rate
- ✓ Glycemia
- ✓ Creatinine
- ✓ Cholesterol
- ✓ TGO
- ✓ TGP

Serological Researches

- ✓ Quantitative Serology (VDRL)
- ✓ Rapid antibodies test against the VIH-1/2

Immunological Researches

- ✓ Surface antigen of the Hepatitis

B Researches in Urine

- ✓ Cyturia

Microbiological Researches

- ✓ Thick drop
- ✓ Feces

Cardiological Researches

- ✓ Electrocardiogram

m Imagery

Researches

- ✓ Simple radiography of Thorax
- ✓ Radiography of Cranium
- ✓ Simple TAC of Cranium

CONTINUATION OF REHABILITATION PROGRAM TO THE ADDICTIONS

➤ **Therapeutic Procedures**

Familiar psychotherapy and/or couple
Individual psychotherapy
Group psychotherapy
Control medicines for addiction disorders
Relaxation

➤ **Transfer**

Transfer in/out airport, arrived to the country. (Airport-hotel. Airport Holguín- Center of rehabilitation)
Havana-Holguín-Havana Air tickets of patient and an accompanist

➤ **Hotel in Havana**

One night in double room in hotel in Havana at the arrival to the country and to the exit of the country

Price: 2500,00 CUC

II. STAGE OF REHABILITATION (cycles of 30 days)

➤ **Hospitalization (30 days)**

Hospitalization in private room category I (Inc. Feeding and nursing attention)
Attention of the physician assistant to hospitalized patient. (It includes visit of the physician)
Initial evaluation and making of medical history

➤ **Treatment of rehabilitation**

It is created in a personalized way, according to the clinical, psychological and physical characteristics of the patient, bearing in mind also, the social environment of origin, specific familiar situation, between other aspects.

The activities that are generally realized are:

- ✓ Group psychotherapy
- ✓ Individual psychotherapy
- ✓ Music therapy
- ✓ Occupational therapy
- ✓ Meetings of acupuncture and relaxation
- ✓ Physical rehabilitation (physical culture)
- ✓ Therapeutic gymnastics
- ✓ Psychotherapeutic activities out of the Center
- ✓ Hired recreational activities

➤ **Control medicines for addiction disorders**

➤ **Medical report, conclusions and recommendations**

Price for every month of rehabilitation treatment: 4500,00 CUC.

3 cycles as minimum are recommended.